



# FISH HOEK SURF NEWSLETTER

Stay up to date on club life with our club newsletter.  
Have some interesting news or cool photos you think should  
be featured? Send it through to our Marketing Director:  
[marketing@fishhoeksurf.com](mailto:marketing@fishhoeksurf.com)

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# AGM UPDATE:

Recently the club hosted its Annual General Meeting, otherwise known as 'The AGM', where the new Executive Committee was voted in, and club matters for the next (and future) seasons were discussed. We are happy to report that the new committee is as follows:

- Chairman: Ernst Singe
- Vice Chairman: Grant Edwards
- President: Martin Williams
- Nipper Officer: Nikkie Mocke
- Secretary: Bronwyn Powel
- Treasurer: Alex Topliss
- IRB Officer: Jeanne Topliss
- Club Captain: Cheyne Haupt

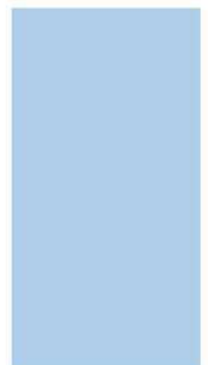
Thank you to all the members who were present to cast their votes. We are also happy to report 3 members who have received Life Membership for their 10years of service to the club – Simon McQueen, Mark Keeling & Zach Preyser.

Onto bigger things, the topic of the club's constitution was called to order. We are looking at revising the constitution in the coming months - as per LSA's request that all clubs make certain amendments to their constitution. This is a perfect opportunity for us, as a club, to look through our constitution, make the necessary adjustments to accommodate members and overall, to improve day to day club life. Keep your eyes peeled for any updates to come, as we will need to hold an SGM (Special General Meeting) to finalize any changes. If you would like to familiarize yourself with the current constitution, it can be found on our website: <https://www.fishhoeksurf.com/>



Another note to take from the AGM was a concern brought up by members present – inadequate communication from the club across all platforms. This is something we are looking into as we, the committee, wholeheartedly agree. We are looking at a more formal means of general communication and it will be a slow process in terms of implementation, but it is on our agenda and your concerns have not gone unheard. Please email any suggestions to [administration@fishhoeksurf.com](mailto:administration@fishhoeksurf.com)

A further concern raised by members was outstanding fees. It is without a doubt highly unethical to be able to make use of club facilities and equipment with outstanding subs. Members are to please note a review of bad debt (including membership fees) will be taking place imminently. All those with outstanding fees will be requested to pay with immediate effect to ensure continued membership at the club and a smooth transition into the new 2022/23 season.



# 2022 Worlds Team+

As some of you may know, 4 of our competitive athletes have been selected to represent South Africa at the 2022 World Surf Lifesaving Championships held in Italy later this year. Cheyne Haupt (Snr), Mark Keeling (Snr), Levi Mayes (u17) and Georgia Singe (u15) are all hard at work preparing for this event. These 4 superstars have a long road ahead of them to get to Worlds, with any and all help being hugely appreciated. If you are interested in making a donation to their travel and event fees, please click the link below. We have set up a Back-A-Buddy account for the group, all the information regarding donations and where exactly the money is going, can be found here <https://www.backabuddy.co.za/champion/project/fish-hoek-surf-lifesaving-club>

They also currently have a raffle underway with some awesome prizes to be won!*see image below.*

**RAFFLE PRIZES**

- X1 Night's Stay at Mariner Guesthouse for two people sharing incl. breakfast
- R1000 Sorbet Gift Voucher in-Store Treatment
- Suikerbossie Restaurant Buffet Lunch Vouchers for 4 people
- Coffee from The Coffee Guy + 1 Carrol Boyes Mug x4 coffee prizes up for grabs
- Dermaesthet Treatment Vouchers
- X2 Bottles Wine (x2 red & x1 white) x3 wine prizes up for grabs

**2022 WORLDS TEAM FUNDRAISER**

Raffle Tickets cost R50  
Draw takes place 4th September

**For Tickets Contact:**  
Georgia Singe - 072 230 9543 | Mark Keeling - 083 377 7615  
Cheyne Haupt - 083 785 9237 | Levi Mayes - 076 602 9022

We would also like to congratulate (snrs) Mark Keeling, Candice Murray, Nicholas Notten and Kenny Rice, (jnrs) Josh Smith and Luke le Roux for being to selected to represent the South African Surf Ski team. Luke and Josh have also been selected for the South African K2 Marathon team.

On the Stillwater side of Lifesaving Wade Beukes (u15), was selected to represent the South African Open Water team who competed in Zambia in April. Wade finished 2nd in his age group and won Silver on the international stage. Last but not least, we're proud to announce that 10 of our Junior and Senior Athletes have been selected to represent the Western Cape Surf Lifesaving Team at Inter - Provincials in August, hosted at Strand Beach.

- Jnr Ladies: Babette Van Rooyen
- Jnr Men: Wade Beukes & Joshua Smith
- Snr Ladies: Candice Murray, Rebecca Behne & Waris Mills
- Snr Men: James Matthews, Dyllan Farrel, Heath Clarke & Liam Calvert

As a competitive club we are still showing up and performing incredibly across the board. Massive congratulations all round, we are so proud of each and every one of you. Keep flying the Fish Hoek flag high!



# Nippers:

The Nipper crew are already hard at work planning the upcoming season and preparing for the first upgrade exam in September. We have booked the heated Generations (Imhoff) pool for upgrade exam swim time tests in Aug, and winter training will start soon after.

The first Nipper competition is scheduled for 20 Nov 2022 and SA champs at the end March / beginning of April on Kings Beach (Quebega, PE). All the dates will soon be finalised, and we will let you know asap.



## MEET THE TEAM

Our co-opted Nipper committee is made up of:

- Nikki Mocke - Nipper officer
- Bron Powell - Vice nipper officer/secretary
- Sean Powell - Assistants and water safety
- Gus Colonnello - Craft and equipment
- Denver Beukes - Events
- Angie Austin - Sponsorship
- Kath Hunter - Media and communications
- Andrew Hunter - Guardian
- Gill Gardner - Education and exams
- Veronique Hutchinson - Volunteers
- Eva Hedenskog - Micro Nippers and Starfish

## 2022/2023 COACHES

- U10: Gus, Jean, Angie, Tatum
  - U12: Sean, Bron, Nikki, Mark Hutch
  - U14: Julian, Denver, Luke, Russel
- Orientation squad: Mark Raisen & Duane De Beer

We will be giving you the opportunity to sign up as a volunteer soon: registration/check in, hot choc, craft packing, bar duty, water assistants and more. Please think of an area you would like to get involved, our FH club is run solely on volunteers and a small effort from every family makes this incredible sport/lifestyle possible. We have lots of exciting things planned for this season, we can't wait to see you on the beach soon!

*For those interested in improving their Malibu Board skills, please contact Heath Clarke to secure your spot in Board School! - cell: 073 639 1177*



# Attention Lifeguards

With the 2022/23 Season fast approaching our lifeguards are currently going through the annual retesting procedure. Along with retesting happening in the off season we also have our 'nothings' (nippers moving up to jnrs) doing their JLA exams. Jeanne Topliss along with Mascha Moorloch are currently very busy with training new lifeguards - 15 new U15's, 20 masters and 10 (new) LA's. If anyone would like to become a lifeguard, qualify as an IRB driver/crewman, become an instructor or Contest Official, please contact Jeanne Topliss.

IRB NEWS: Congratulations to Alex Topliss, now a qualified IRB instructor. Alex has qualified many a driver and crew at FHSLSC, most recently Zach Abrahams and Cailin Vincent (drivers), as well as Jadon Wessels, Joshua Snyman and Kate Cottrell (crewman). A reminder that in order to keep your IRB qualifications valid you need to accumulate 10+ hours on the duck within a season. All qualified IRB members should be on the WhatsApp group, please contact Jeanne or Alex if you have not yet been added.

Sea Dog Paddle series is on the horizon and all club drivers and crew are expected to do safety, roster tbc.

For those interested in becoming apart of the IRB Squad please contact either Alex or Jeanne Topliss. Crewmen need to be 16yrs or older and Drivers need to be 18yrs +.

*ALL IRB candidates must have a valid LA (Lifeguard Award).*



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# What to look forward to:

"Onto the next season we go. Looking forward to an even bigger and better season with the club, featuring a large focus on social drive in the club. We have an amazing team of seniors who will be leading the charge and making sure the club achieves some awesome things this year! Super happy and grateful to be elected to captain such an awesome team again, and I can't wait for what's to come!" – Cheyne Haupt



We will be forming a subcommittee to drive the social aspect of the club, congratulations to:

- Caitlin Brouckaert - Marketing Director
- Mark Keeling - Development Officer
- Luke Durr - Social & Events Liaison

The team will be headed by non - other than our captain, Cheyne Haupt. As our captain stated in his report, we are pushing hard to improve the social aspect of the club, and with this team of active senior lifeguards we are excited to see what they will bring to the table.

## Onwards and upwards folks!





**END**

*pictures courtesy of  
Lucia Murray  
Alexandra Cottrel  
Lifesaving South Africa*